



British Society of Paediatric Gastroenterology Hepatology and Nutrition

Newsletter
January 2019

President's report
Professor Nick Croft

A very Happy New Year to all our members. . I hope you have all managed to have some relaxing time over the festive season, and are invigorated to get through the rest of winter at least the days are now getting longer.

After the success of our Annual Meeting in Leeds I am really looking forward to seeing many of you in Oxford where a fantastic programme of education, research, sport and entertainment has been planned in a wonderful setting. We are delighted be joining up with BAPS, our surgical colleagues on the Friday.

With Brexit dominating the news you can see from all these reports that BSPGHAN is sailing serenely on and as always producing useful and important outcomes. Whether Brexit will greatly affect BSPGHAN itself is not known but given no one has a clue what the outcome will be in imminent votes all we can do is to carry on and do our best to look after our patients in this uncertain climate. I hope our friends and colleagues from mainland Europe continue to see some of the wonderful reasons to live in the UK and keep on coming over. If there is anything BSPGHAN can do to help this please let us know.

In this newsletter you can see the continuing and amazingly productive work from Council, all our working groups, and in particular their chairs. Thanks to all for working so hard to improve the lot for our patients, I still believe in many ways BSPGHAN is a model across Europe for a professional Society and we continue to influence many areas at the highest level.

As always we have some movement on Council. Earlier in the year Chris Spray stepped up to take on the Gastroenterology role on council after the departure on sabbatical of Naeem Ayub. After Anna Pigott stepped down last year Himadri Chakraborty has stepped into the fold, and as you can see will continue to invigorate the PEGHAN group. Sandhia Naik has done a superb job as the education chair and as well as the meeting in Oxford we look forward to the ATM meeting in May. Jutta Koeglmeier has been similarly highly effective as the Nutrition chair. Thanks to both of them for all their work over the last 3 years. As our regulations define we will finalise the new appointees at the AGM but I am delighted we have had excellent applicants.

I am still excited by the increasing number of SPIN doctors who can help provide the best care for our patients as close to home as is possible. You will remember we published the BSPGHAN-RCPCH standards in 2017, I hope many have been able to use this productively to support your services. John Fell supported by Ed Gaynor and the committee is now leading the next stage of this with the aim of clarifying the current networking arrangements and aiming to ensure there are no gaps in provision of high quality PGHN services. You will hear more in the coming months.

We are proud that the UK is hosting ESPGHAN Annual Meeting in Glasgow this summer, and thanks to Richard Russell and the Scottish team for their superb bid. We look forward to what will be an excellent meeting.

These are my final few weeks as President after three years (plus one as president elect). I officially hand over to Sue Protheroe immediately after the AGM (and you will find me in the bar a few minutes later). Sue's energy and enthusiasm will be perfect to keep BSPGHAN moving forward. It really has been an honour and pleasure to take on this role, this is largely down to the members of the Society

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who are all willing to work so hard for our speciality. Finally even more crucial to the Presidents role has been the support of Keith (Convenor) and Astor (Treasurer) and lastly (and most importantly) Carla and Sam for keeping the whole show running. Thanks so much to you all.

Convenor's Report
Dr Keith Lindley

BSPGHAN Convenors report January 2019

Dear friends and colleagues

Happy New Year and welcome to Oxford. I'm sure we are all looking forwards to what promises to be an outstanding meeting. I'm sure you will all join me in saying a big thankyou to Lucy, Astor and Holm for all their efforts in organising our annual meeting this year. I know it is no accident that holding the meeting in Oxford this year is coincident with the retirement of Professor Peter Sullivan and I'm delighted to see the program includes a Festschrift for Peter. On behalf of the membership I would like to wish Peter well in his future endeavours whatever they might be.

2019 sees 3 members of Council step down having fulfilled their 3 year term. Nick steps down as President. I have to thank Nick personally for steering the Society with such precision over the last 3 years and for all the guidance he has given me during my term as Convenor. Sue has been working in the wings as President Elect for the last 12 months and is I know energised to take over the role following the Annual meeting. Sandhia is stepping down as Education Chair. After a slow start for reasons beyond her control Sandhia has worked up seemingly into a frenzy and has put a great deal of effort into organising the BSPGHAN taster days and of course has been heavily involved in organisation of parts of the Annual Meeting. Jutta is stepping down as Nutrition Chair. There is much more to the Nutrition Chair's job than I had appreciated when I joined Council in part because of the associated commitments to BAPEN but also because the working group has a lot on its plate. Jutta has worked tirelessly with great energy for the last 3 years and her achievements are many (please see he own report). Her energies will be harnessed within the ESPGHAN Nutrition WG in the near future.

Sue has obviously been on Council for the last year as "President Elect" (and for a few years before that in various other guises !) but I think it appropriate that we formally welcome her as the new President of the Society. I would also like to welcome Loveday as Education Chair (subject to a show of hands at the AGM) and ***TBA*** following an electronic vote by the membership as Nutrition Chair. There is also a new position on Council namely "Website and Social Media Lead" which Kwang has kindly agreed to take on. Lastly John will continue on Council for a further 3 years as Chair of the Quality Standards Working Group as will Alison as PPP representative.

The Society has grown considerably in the last 12 months with a total of 53 new members (Associate and Full members). It is good to see so many young members joining many with an enthusiasm which is palpable. The enthusiasm of our younger members is reflected in the record number of abstracts submitted to the Winter meeting this year. I spoke last year about how the enthusiasm, empathy and mutual respect of BSPGHAN's younger members was contributing greatly to the Society and I am pleased to see that trend has continued in an almost epidemic fashion.

Our more senior members have been busy as well. I have to congratulate Richard Russel on his Chair of Paediatric Gastroenterology (apologies Richard this is a little belated). In addition it is notable that Bhupinder Sandhu has celebrated 30 years of close association with CAPGHAN this year. I am reliably told that Bhu was also instrumental in establishing the BSPG annual meeting at its origins which has now evolved into BSPGHAN as we know it. We have come a long way from the days when for a registration fee of £25 you got a 1 day meeting with a plate of sandwiches no posters, no associates and no social program. Some other senior members have tried their hands at television acting – but that is no business of BSPGHAN !

Lastly, and more seriously, I should report that we had an "absolutely fabulous" joint session with the British Inherited Metabolic Disease Group at the RCPCH last March in which truly outstanding talks were delivered by Dino Hadzic, Jane Hartley, Sanjay Rajwal, Marcus Auth and Jutta Koeglmeier from

our Society. We are also well represented in orals / posters at this year's joint session with General Paediatrics at the RCPCH.

It remains for me to wish you an enjoyable and fruitful meeting in Oxford and I look forwards to meeting as many of you as possible.

Best wishes
Keith

Treasurer's Report
Dr Astor Rodrigues
BSPGHAN accounts for 2018

BSPGHAN accounts for 2018

- Total income: £ 214141
- Total expenditure: £ 201691
- Surplus: £ 12450

BSPGHAN Annual Meetings:

Queen's Hotel, Leeds 2018, hosted by Dr Suzanne Davison, Consultant Paediatric Hepatologist

The meeting generated a surplus of £46997 out of which £11749 is the local organiser's share

Double Tree by Hilton, The Belfry, Oxford 2019: Hosted by Drs Astor Rodrigues and Lucy Howarth; Professor Holm Uhlig and Professor Paul Johnson

- Registration fees reduced for Allied Health Professionals and Trainees
- Sponsorship packages increased by ~10%

Membership Fees:

- Direct debits set up for all UK members which has streamlined collecting membership fees
- Non UK members are monitored by new membership administrator, Sam Goult, who issues invoices and ensures fees are paid

BSPGHAN membership fees qualify for Tax allowance:

- Peter Hill (society's accountant) has enlisted BSPGHAN onto the HMRC list of approved professional organisations for tax relief purposes, effective for 2018/2019 onwards.

Working Group Expenses:

- A total of £5328 has been claimed by working groups to cover travel, room hire and refreshments.
- All Working Group Chairs are reminded to ask their members to book their train tickets early at reduced rates through the BSPGHAN Train-line Charity account. Details can be obtained from Carla, carla@bspghan.org.uk.
- Expenses are now paid promptly via BACS. This has resulted in more timely repayments and less hassle for members in not having to cash cheques

BSPGHAN's contribution towards research spending past 2 years:

1. 2016/2017 – Total £40,000
 - a. BSPGHAN & CCUK - £20K
 - b. BSPGHAN & CLDF - £10K
 - c. BSPGHAN stand alone - 10K
2. 2017/2018 – BSPGHAN & CORE: Total £40,000

BSPGHAN Innovation Grants (BIG):

Agreed £30,000 over 3 years from 2017, already awarded £28,500 for 5 projects

1. *Digital Ulcerative Colitis Healthcare Project – DUCH* (Jonathan Hind): awarded £5,000.
2. *Paed eBANS administrator; 2 year project* (Akshay Batra): An award of £10,000 will be made over two years - £5,000 of that has been paid out during 2018/2019
3. *Decision tree for multi professional staff and families caring for patients with neurodisabling conditions who develop severe gut dysmotility* (Sue Protheroe) awarded £3,500
4. *Using the Gastroesophageal Reflux Disease Symptom and Quality of Life Questionnaire (PGSQ) in children with cerebral palsy: a preliminary validation study* (Mark Tighe), awarded £5,000
5. *Role of Vascular adhesion protein 1 in the pathogenesis of chronic graft hepatitis and fibrosis after paediatric liver transplantation* (Professor Deirdre Kelly, CBE) awarded £5,000

Society's balance sheet / financial position is satisfactory with a total balance of ~ £260,000 as of April 2018

Special thanks to Carla Lloyd for her incredible administrative assistance, to Sam Goult for her meticulous support as assistant administrator and to Peter Hill for providing sound advice and preparing the accounts. I would also like to extend my appreciation to BSPGHAN's executive (Nick Croft and Keith Lindley) and its council members for their input and suggestions over the past year.

Committee and Group Reports:

Gastroenterology Chair Dr Chris Spray

I took over as Chair in July 2018 and am still learning the ropes. Having been secretary of the IBD working group, I am aware as to how much work each of the members of the working groups put in over and above their professional time at work. The aims of the working groups are to select areas of priority within their domain to produce guidance to members of the BSPGHAN in relation to good practice resulting from audit and/or research. The chair of each working group is frequently asked to respond to specific enquiries on behalf of BSPGHAN council. Over the coming year each group will be required to update their terms of reference and review their membership timelines to ensure a turnover of active participants. There are increasing opportunities to work collaboratively with BSPGHAN working groups. They also have important links with appropriate patient support groups. Please feel free to approach members of the working groups if you have a specific enquiry that you feel the working groups could help with. I would like us to consider if a working group for Eosinophilic Oesophagitis should be developed within BSPGHAN. Thank you to the present chairs for their annual report as below:

Working Group Reports:

Coeliac Working Group

Peter Gillet (Edinburgh) – Chair

The group has been a little dormant over the last year but Peter Gillet, present chair is planning to reinvigorate the group and is due to meet up again in Oxford 2019. Terms of reference and membership with a work plan are to be agreed. Please see report below:

2018 has seen two landmark birthdays, both for Coeliac UK (CUK) and ESPGHAN.

ESPGHAN launched a Coeliac Disease Awareness Day to raise awareness of the condition in children which had huge publicity and CUK has launched its Research strategy with top 10 research questions and a target of £5 million research fund, with opportunities for BSPGHAN members to apply for grants for key questions. <https://www.coeliac.org.uk/campaigns-and-research/>

Focus in CD project patient education section that may be helpful to BSPGHAN members. This is an EU funded informatics project. This is the first module to go live. <https://www.celiacfacts.eu/incd-en>

It is a great time for Coeliac collaborative work, with ESPGHAN promoting their Special Interest Group (SIG), and interested BSPGHAN members (especially if they are ESPGHAN members) are invited to email Carmen Ribes, Chair of the CD-SIG to apply to join. Carmen can be emailed at ribes_car@gva.es
<http://www.espghan.org/about-espghan/committees/gastroenterology/working-groups/special-interest-group-coeliac-disease/>

I feel the UK is well placed to look at important patient focused work and also to join the ESPGHAN collaborative work going on. The interest shown to me last year I think will lead to an exciting future for the group, which I hope to re-launch in Oxford. Members are welcome to join us to discuss this and move the group forward.

Motility Working Group 2018

Chair: Dr Mohamed Mutalib (Evelina, London)

The motility working group has met three times this year. We now have a stable membership with clear responsibilities.

BSPGHAN Motility Working Group position statement: has been published in Frontline Gastroenterology:

“BSPGHAN Motility Working Group position statement: paediatric multichannel intraluminal pH impedance monitoring—indications, methods and interpretation. Frontline Gastroenterology Jul 2017, 8 (3) 156-162; DOI: 10.1136/flgastro-2016-100796” Is already published in Frontline Gastroenterology Consensus statement on the use of high resolution anorectal manometry in children with defecation disorder is already complete and ready to submit in a peer reviewed journal

The group is now working on the following projects:

- Position statement on colonic transit markers studies
- Consensus on management of children with faecal soiling

IBD Working Group

Chair: Dr Rafeeq Muhammed, Birmingham

IBD WG membership:

David Devadason	Nottingham	Secretary
Chris Spray	Bristol	Gastro (GI representative)
Janis Maginnis	Stoke	IBD Nurse
Sibongile Chadokufa	GOS	IBD nurse
Jochen Kammermeier	Evelina	Gastro
Jenny Epstein	Chelsea	Gastro
Vijay Iyer	Stoke	Paediatrician with GI interest
Paul Henderson	Edinburgh	Gastro
David Devadason	Nottingham	Gastro
Mark Furman	Royal Free	Gastro (stepped down in 2018)
Thankam Paul	St George's	Gastro
Anne Wilmott	Leicester	Gastro
Michael Stanton	Southampton	BAPS representative
Elena Cernat	Leeds	Trainee representative (stepped down in 2018)

The group held 4 meetings in 2018. During the last 12 months, the group has focused on the following priorities:

1. The group has published "Guidance on the initial immunology work-up for patients with early onset IBD or IBD like disorders." This is available on the society website.
2. The documents on the "Guidance on the role of vitamin D, folate and vitamin B12 in IBD", 'Transition in IBD' will be available by the time of the annual meeting in 2019.
3. The survey of paediatric surgery service provisions for children with IBD is complete and submitted as an abstract for the annual meeting in 2019.
4. Other on-going work includes "Fatigue in IBD" and 'Vaccinations in children with IBD, 'Supporting professional development of paediatric IBD nurses'.
5. New Prospective Incidence study - PINPOINT study (Prospective Incidence of Paediatric-Onset Inflammatory bowel disease) will be led by Paul Henderson and is awaiting funding approval. The Group will be in touch with more details to let everyone know how to take part. Successful completion of this project should benefit all members.
6. The National IBD audit results including biosimilar Infliximab data has been published.
7. The working group is supporting the adoption of the IBD registry by paediatric IBD units. The IBD registry will be useful for local data collection and facilitate participation in national audits. The working group aims to enable all IBD units to input data using the IBD registry patient management system or web tool in the coming years.
8. The group has continued to support IBD research via its informal clinical research network (UKPIBDnet). This (UKPIBDnet) is integrated into the international networks PIBD-net and has established funding from the EU Horizon 20 20 project. The project comprises a risk stratified RCT of methotrexate vs. azathioprine for low risk disease and methotrexate vs adalimumab for high risk disease. This study is led by Richard Russell and is open for recruitment. An inception cohort as part of the same funding initiative has been set up by Nick Croft and has already started recruiting patients.
9. The group continues to participate in several national studies on inflammatory bowel disease: PRED4, PANTS and PREDICCT.

10. The WG has worked closely with Crohn's Colitis UK and CICRA and represented BSPGHAN in "IBD UK", a new initiative led by Crohn's Colitis UK to update IBD standards. The new standards will be published in 2019. It has also participated in the NICE consultation on partial update of Crohn's disease and Ulcerative Colitis management guidelines.

It is worth noting that three members of the group have completed one term and applications have been invited from interested BSPGHAN members (consultant paediatric gastroenterologists) for a total of 5 posts to join the group. Successful applicants will be decided at the working group meeting in January 2019. All BSPGHAN members can request the WG meeting minutes by emailing BSPGHAN administrator.

***Endoscopy Working Group
Dr Babu Vadamalayan***

We are pleased that P-GRS is live 2nd year in a row. Recent survey was completed in October 2018 and provisional report confirms still not all children's units have completed this. We are working towards establishing accreditation pathway for units performing endoscopy in children. Expression of interest sought for accreditation inspectors from EWG members and we have identified potential inspectors and in the process for arranging training for the inspectors with the help of JAG.

Accreditation is a cyclical process: following the initial assessment visit, the award of accreditation is annual through maintenance of the P-GRS standards and satisfactory submission of an annual report card. Thereafter there is a 5-yearly site assessment visit to validate the annual accreditation process. RCPCH has set a standard for provision of paediatric endoscopy, and as a group we need to collect data about the type of procedure performed outside of paediatric GI centre (ISREE (Improving safety and reporting errors in endoscopy)). JAG has also agreed to collect paediatric specific questions related endoscopy procedures on under the age of 16 years by adult colleagues (during endoscopy unit) survey every 2 years.

I have also noticed that number of candidates applying for JAG certification for paediatric upper GI is increasing but number of candidates applying for lower GI certification remains low (including GRID trainees). Training in lower GI Endoscopy to be improved and working towards JAG certification prior to completion of CCT.

***Joint BSPGHAN / NIHR – Children Gastroenterology, Hepatology and Nutrition Research Working Group
Dr David I Campbell***

This has been a busy year where BSPGHAN has seen as evidence of a research active society, a larger than normal number of abstracts submitted to the conference (120). We are always grateful to those that submit research abstracts. It is an important way of contributing to the life and activity of the society and central to our efforts to improve the care of children with gastrointestinal, liver and nutritional problems.

We seek to build on the foundations already laid. Our dual aim is to enthuse, promote and support those involved in academic work of all types. On the one hand the dedicated university academic and the other hand our many full time clinicians and allied health professionals. We would love to see more of our brightest members take time to dedicate to research, but also support those that are clinically placed in an ideal position to tackle the most relevant questions.

The following are ways we can support you.

1) Research centred Society:

We offer to our research active members the chance for peer review, presenting ideas and findings on safe ground. Work painstakingly conducted, when warmly received can provide the much needed impetus to go on. Whether presenting or being an active audience we contribute to the society.

2) Research funding:

We are extremely fortunate to have close working relationships with partner charities that share investments in to our membership to answer research questions and promote findings. The following are examples of the substantial investments we make in our membership and with our collaborators.

- i. GutsUK (formerly CORE) awarded £70k with BSPGHAN to a single project, then three projects were funded in 2013 and by 2015 £106,000 was awarded to teams in Edinburgh, Nottingham and King's College London. Currently there are two active GutsUK grants in Liverpool (Chris Probert) and Southampton (Sarah Ennis), with news of a further round for 2019.
- ii. Coeliac UK grants of £10k.
- iii. Crohn's and Colitis (without BSPGHAN) contribution of 2 grants of £35k each recently announced in late 2018.
- iv. BSPGHAN standalone grants of £10k.
- v. BSPGHAN Innovation Grants (BiG) 2 awards totalling £10k in October 2018.
- vi. Children's Liver Disease Foundation: 3 awards are currently being offered with 50% contribution from BSPGHAN at £10k each.

3) Links with "MCRN" C4C:

Studies around Europe link relevant stakeholders to enable access to international large scale studies with a dedicated funding stream from the EU and the UK government that is committed to support this after Brexit (or whatever that may transpire to be). We are that stakeholder for paediatric GI, liver and nutrition related studies.

Building our Research Culture

Offering funding to enable capacity building to our dedicated research active academics will always be a high priority. But in addition we seek to engage our trainees and AHP's and full time clinical consultants in research activity. We are looking at linking with our trainees to put on a "Beginning in Research" study day on 3rd October 2019 to go through how to design a project and how to apply for a grant, how to get ethical clearance, how to project manage and much more. We will have a special lecture from Lane Greene from The Economist who is a highly regarded speaker on "Plain English".

We will soon be announcing a cash prize for Research Endeavour to be awarded for work over 2 years, every 2 years. Our own BSPGHAN Nobel Prize.

The RWG remains in existence to serve the members of the society and I can be always contacted to discuss projects and opportunities.

David I Campbell
research@bspghan.org.uk

Education
Dr Sandhia Naik

- Since July the focus has been to work with host committee to produce a stimulating and Educational programme for the Winter Annual Meeting Jan 2019. Lessons learnt include absolute clarification of roles and responsibilities of hosts and Education Chair regarding selection of abstract scoring committee, Chairs and judges. The abstracts have been scored using Standard Score sheets. The panel was chosen based on previous submissions numbers. For future meetings however may need to allocate a set number per score
- Educational Resources- many more have been uploaded to website but are in several different areas and if we wish to increase website hits, for a novice trainee or AHP seeking guideline- it is not user friendly or clear , needs redesigning and more thought
- ATM was moved from historical date Sept/Oct to May 3rd 2019. This will combine aims of 'taster day' and ATM requirements and enable all grid trainees to undergo face to face CSAC meeting in time for summer ARCP
- Comments/suggestions re Draft documents for BSPGHAN official Endorsement versus BSPGHAN support are still awaited
- Joint BSG/BSPGHAN study day on transitioned proposed by Priya Narula has been endorsed by Education Working Group
- Job description has been updated to clarify roles and responsibilities for incoming chair

It has been a pleasure to serve on council and I wish the incoming Chair the very best

Nutrition and Intestinal Failure Working Group (NIFWG) of the British society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN)

Jutta Köglmeier, Chair of the Nutrition and Intestinal Failure Working group (NIFWG) of BSPGHAN

December 2018

Members: • Jutta Köglmeier (Chair) • Sue Protheroe/Nkem Onyeador (CSAC) • Theo Wong (BIFA) • Tracey Johnson/Lynn Hagin (Dietitian) • Akshay Batra (e-BANS Chair) • Julian Thomas (e-Bans Secretary and Research) • Tony Wiskin (e-Bans regional deputy lead and research) • Sapthagiri Gantasala (General Paediatrician) • Pamela Cairns (Neonatology) • Venetia Simchowit (Pharmacy) • Diana Flynn (RCPCH) • Catherine Richards (Surgery) • Jonathan Hind (Hepatology) • Harween Dogra (Trainee Rep) • Angela Cole (Clinical Nurse Specialist)

Meetings 2018

The NIFWG has met on January at the BSPGHAN annual winter meeting in Leeds on 25th January 2018, at Great Ormond Street Hospital in London on 17th May, on 6th September in Edinburgh at the 5th national complex nutrition and intestinal failure rehabilitation network meeting and at Great Ormond Street Hospital again on 15th November to discuss the NIFWG IF rehabilitation guidelines

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4th National Complex Nutrition, Intestinal Failure Rehabilitation and Transplant Network Meeting

6/7th September 2018 Edinburgh

The meeting was extremely well attended and numbers exceeded expectations. Registration and accommodation was free due to secured industry sponsorship and support from SSPGHAN. The next meeting in 2019 will take place in Bristol and be organised by Tony Wiskin and his team.

BAPEN paediatric symposium on Sugar

21st November Harrogate International Centre – see BAPEN

e-BANS

Chair: Akshay Batra
Regional deputy lead: Tony Wiskin
Secretary: Julian Thomas
Administrator: currently not in post

Most centres in England apart from three (13/16 Blueteq centres) have contributed data to e-BANS. Unfortunately Enda Smyth, e-BANS administrator had to resign for personal reasons. A new administrator will hopefully be appointed in due course to guarantee that e-BANS continues to run effectively.

Akshay Batra has sent a report to update council how the innovation grant was used

BAPEN

BAPEN paediatric symposium 21st November 2018 Harrogate International Centre

This year's symposium focused on 'sugar' with the aim to consider the potential health benefits of reducing sugar intake in adults and children, review the definitions of sugars and the labelling of food products. The evidence for the effectiveness of different initiatives to reduce population sugar intake, including whether sugar taxes work, were reviewed.

The symposium was integrated into the main BAPEN meeting rather than taking place the day before as last year.

Attendance has hence been much better and the meeting was well received.

Planning of the 2019 BAPEN paediatric symposium taking place in Belfast has already started and the date set for 26th November. Next year's symposium will be jointly held with BPNG and dedicated to neonatal, paediatric and adolescent nutrition.

BAPEN membership for BSPGHAN members is now free and several BSPGHAN members have already made use of this opportunity.

Allied Health Groups.

Pharmacy

BPNG (British Pharmacy Nutrition Group):
Revised National Framework for home PN has been extended from 1.4.2018 to 31.3.2020

The 2018 ESPGHAN PN guidelines have now been published.

Dietitians.

Lynn Hagin has taken over from Joan Gavin who had to resign from her role on the NIFWG for personal reasons.

Tracey Johnson's term will come to an end in 2019. Three strong candidates have applied to replace her on the NIFWG and the working group members have been asked to send their vote to the chair.

Nutrition nurses

Angela Cole was welcomed into the NIFWG as CNS representative

BIFA

BSGPHAN representative: Theo Wong

Recent top tips publication: Managing children receiving long term parenteral nutrition (Julian Thomas, Theo Wong)

The group is aiming for one top tip letter/year

Successful transition planned as the next one: top tips for transition

Research, Training and current/future projects

Members of the NIFWG have taken part in the European wide CVC survey. The outcome of the survey has been published in JPGN.

- Guidelines for the diagnosis and management of intestinal failure in childhood: If guideline meeting took place on 15th November 2018 in London. The next meeting to finalise the guidelines has been scheduled during the BSPGHAN winter meeting in January 2019
- The development of a decision making tree for feeding neuro-disabled children with deteriorating intestinal function in conjunction with the Royal College of Paediatrics.
- Guidelines for the use of blenderised diets in children
- Recommendations for the best method to wean children from intravenous to enteral nutrition
- National survey on jejunal feeding practices in children across the UK
- long term outcome of paediatric IF in the UK (last 30 years)

Applications for new NIFWG chair

Jutta Köglmeier will finish her three years as chair of the NIFWG in January 2019 and hand over to the next chair at the BSPGHAN council meeting in April 2019.

Two candidates who are both NIFWG members have applied and the new chair will be announced during the AGM in January

Jutta Köglmeier
London, 17th December 2018

Website

Technology report

Mike Hughes

Webmaster@bspghan.org.uk

Hepatology
Dr Indra van Mourik

Core members:

1. Consultants from all 3 paediatric Liver Centres
2. Gastro representative: Christine Spray
3. Trainee representative: Lauren Johansen
4. CLDF representative: Alison Taylor

Meetings:

1. Two business meetings per year (January at BSPGHAN, June)
2. Tri-centre annual audit meeting (June, prior to business meeting)
3. Annual Stake-holders Education Day

This year has seen ongoing collaborative projects between the Liver Specialist Centres, BSPGHAN and many other national and international bodies including NHS England, NICE, BSG, BASL, the RCPCH, ESPGHAN and EASL, as well as family support organisations (Children's Liver Disease Foundation). The liver steering group continues to provide a valuable forum for these activities to be raised, discussed, debated, co-ordinated and communicated, with a very welcome input from Dr Christine Spray, the Regional centre representative.

Activities over the last year that I wish to highlight are:

Guidelines and audit:

NHS England Commissioners attended the annual Audit Meeting of the Paediatric Liver Centres in June 2018, which was held at Kings. Each centre presented a review of their services for young people and pathways in place for adolescent transition to adult liver services.

Our guideline for management of oesophageal varices (developed following 2016's joint Audit Meeting) is published on the website. Following our 2017's audit on NAFLD we are developing a basic NAFLD guideline for paediatricians and gastroenterologists. This is work in progress but should be available on the website later this year.

Transition:

Through BSG representation and presence/presentation at national BASL/BLTG/BSG conferences we continue to work closely with adult services to improve the adolescent transition process. This is much appreciated by adult teams who are generally very open and keen to learn from paediatricians.

Interaction with national/international bodies:

1. Lancet Commission on Liver Disease – Feedback from Professor Deirdre A Kelly, CBE:

Lancet Commission on Liver Disease (UK)

Lancet 5 was launched on the 22 November 2018 at the Royal Society of Medicine and published on the same day.

The paediatric component of Lancet 5 focused on NAFLD and NASH in the UK, the current incidence and the development of the new UK NAFLD register.

Many thanks to Indra van Mourik and Jake Mann for providing data and input.

Plans for Lancet 6 are in progress but hopefully will focus on mental health issues and paediatrics.

Lancet Commission (EASL)

This is a new Lancet commission on liver disease which is chaired by Professor Michael Manns and Professor Patrizia Burra. Deirdre Kelly has been asked to chair a working group on paediatrics and has co-opted Allison Taylor CLDF, Ekkehard Sturm from Tuebingen, and Ulrich Baumann Hannover, to work with her. Further details will be available in due course.

2. Representation on British Association for the Study of the Liver (BASL), British Liver Transplant Group (BLTG), *Multi-visceral* and Composite Tissue Advisory Group (MVTAG, prev Bowel Advisory Group) and Liver Advisory Group (LAG) was provided by Girish Gupte, Jonathan Hind, Sanjay Rajwal, Tassos Grammatikopoulos, Marianne Samyn, Mona Abdelhady, Sue Beath and myself.

Training:

There continues to be concern about a mismatch of trainee numbers and the predicted number of consultant vacancies over the next few years. It has been difficult to attract paediatric trainees to the specialty. The Liver/Gastro Taster Day was reasonably well attended, but, despite Mona's best efforts, only a handful of trainees showed some interest in hepatology.

As reported in previous years, trainees in hepatology, as in other specialist services, are facing ongoing difficulties ensuring sufficient specialty exposure due to working patterns. This has worsened in recent years due to a general shortage of paediatric trainees in many centres, pulling specialty trainees away from daytime work in their specialty to fill out-of-hours rota gaps. We continue to interact with the Royal College and our own Trusts as advocates for specialty trainees and to ensure quality of training.

Teaching:

It was Birmingham's turn to organise the Annual Stakeholders Education Day. Purpose is to provide some training and feedback on common paediatric liver related topics.

Following our previous discussions on how to attract/reach a wider audience, it was held, for the first time, as a half day study day during the annual BASL Conference in York, enabling us to also share our experience with adult hepatologist/hepatology trainees. Topic was management of portal hypertension, relevant to both paediatric and adult hepatologists and gastroenterologists. The meeting was a success and was well attended.

Finally, on a personal note, I have come to the end of my second year as chair of the group. Still so much to learn and understand!! I would like to thank my colleagues and members of the liver steering group for their ongoing support.

Trainees

Dr Ros Rabone, Trainees in Paediatric Gastroenterology, Hepatology and Nutrition (TiPGHAN)

Group Members:

Dr Ros Rabone	Chair
Dr Huey Miin Lee	Secretary
Dr Kwang Yang Lee	Endoscopy
Dr Hina Rizvi	Education
Dr Phillipa Wood	Education
Dr Lauren Johansen	Hepatology
Dr Elena Cernat	IBD
Dr Harween Dogra	Nutrition
Dr Kornilia Nikaki	Motility
Dr Nicola Ruth	Research
Vacant	BSG

Vacant

BAPEN

Overall 2018 has brought change and success amongst the trainee group. We have expanded and are pleased to welcome so many new members to the trainee groups, as well as saying Thank You and goodbye to many trainees who have now completed training and are in consultant posts; particularly to Kelsey Jones (Trainee Chair) Ed Gaynor (CSAC Trainee Rep), Rachel Wood*(endoscopy trainee rep) – I though Rachel Levi was endoscopy trainee rep – sorry when was Rachel in this post? and Amar Wahid (BSG Trainee Rep).

We are sad to announce that Huey and Elena will no longer be able to sit on the council as they also have completed their training – congratulations and good luck.

This means we will be looking for trainees to consider applying for these vacancies which will be circulated in the near future. Roles include:

BSPGHAN Trainee Representative Secretary
BSPGHAN Trainee IBD Representative
BAPEN Trainee Representative
BSG Trainee Representative

Meetings of Note

ATM September 2017 – Sheffield

Kelsey highlighted challenges with late booking and poor engagement from the trainee body prior to the 2017 ATM. Listening to trainee feedback we discussed a single educational day, making it separate from the associates and hosting the meeting later in the year.

However this was met with resistance due to the loss of the camaraderie of an ATM, the sacrifice of social event/evening and other educational events held in October/November. The theme of this year's meeting will be the Multidisciplinary Team.

Other feedback from the trainees included the room to expand on Hepatology educational coverage and the controversial endoscopy skills.

The Trainees are grateful to BSPGHAN for continuing to provide support for this consistent and uniting meeting, thank you. Long may it continue!

BSPGHAN January 2018 – Leeds

Thank you to the Leeds unit for providing such an enjoyable and well received annual meeting, specifically the postgraduate day.

There was particularly positive feedback on the allied professional's talks such as Pharmacology and the Liver and the two talks from interventional radiologist.

Taster Day 2018 – Nottingham

This was the third taster day of its type, hosted by David Devadason in Nottingham 15th June 2018. Rulla Al-Araji as the local GRID Trainee helped host. Attendance was disappointing which was felt to be a reflection of poor paediatric recruitment nationally and possibly poor coverage/advertisement.

ATM May 2019 – London

The finalised program for the next ATM is nearly complete. The upcoming meeting in London on 2-3rd May 2019 will focus on the meeting will be the Multidisciplinary Team. The programme will be published shortly on the website: <https://bspghan.org.uk/ATM>

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It will also be deemed compulsory as the Trainee Led CSAC progression form will need to be completed in time for ARCP (hence the time of year for the meeting).

This will be promoted as an opportunity for those looking to join BSPGHAN as a tack-along Taster Day to support budding PGHAN trainees in a mentoring fashion.

BSPGHAN Strategy Day 5th July 2018

BSPGHAN met in July to set the Aims and Objectives of the society for the next 3-5 years. Particular points that were salient for the trainees included:

1. The role of GI Networks in the UK in order to provide a comprehensive and supportive role for the regions.
2. Possible use of funds to increase trainee engagement, either by promoting prizes at BSPGHAN or by offering support towards travel/attending meetings.
3. Idea of encouraging student uptake by bursaries for membership or meeting attendance.
4. The investment of software expenditure e.g. licences for reporting/survey tools (RedCap/Survey Monkey)
5. In order to help develop and maintain workforce, we discussed the role of and investing in support staff: Physician Assistants/ANPs in order to aid rota gaps and improve training.

Trainee Representative Activity

Endoscopy - Dr Kwang Yang Lee

It was reported at the last Endoscopy Working Group meeting that very few centres have dedicated training lists. From this each regional lead will be checking with GRID centres in their region to identify which centres have dedicated training lists. Each trainee should be getting access to one dedicated training list per week.

There is ongoing work in BSPGHAN on endoscopy training lists. There is guidance on BSG re what training lists should look like. There was a discussion about what endoscopy competencies are expected of trainees prior to CCT.

Kwang was keen to promote simulation opportunities – to identify centres that offer simulation opportunities – can be adult / paediatric. Existing examples include the Symbionix trainer at the Royal Free hospital. This information could be included on BSPGHAN website. Other resources could also be added to the endoscopy page – e.g. endoscopy videos.

Lucy Howarth to update EWG on outcome of colonoscopy competency at CCT discussion at CSAC.

- Trainees are unclear as to who is able to sign off on JAG accreditation for OGDs and colonoscopies. It is thought that the regional leads are signing off but this requires clarification.
- BV suggested that parallel training should be put in place for trainees.

Education - Dr Hina Rizvi and Dr Phillipa Wood

The trainee representatives of the Education Working Group have compiled a list of guidelines, articles, websites and other resources which they believe to be of general interest and educational value particularly to PGHAN trainees and allied health professionals. The primary aim was to provide for GRID and SPIN trainees a “One Stop Shop” on the BSPGHAN website, so they could use our website as a first port-of-call when studying any particular aspect of PGHAN.

They have put this council for BSPGHAN approval. BSPGHAN website currently offers guidelines and resources on different pages of the site and we would like to seek agreement on how this list of

educational resources would complement what is currently available. This is being discussed further in the education working group, and the list should be available soon on the website.

Hepatology - Dr Lauren Johansen

Projects ongoing: Design of a National Guideline for Non-alcoholic fatty liver disease to include referral pathway for primary and secondary care and also a joint guidance for management at the National Paediatric Liver units.

Hepatology group have raised that the BSPGHAN ATM meeting is difficult for the hepatology trainees to attend in September due to close timing to BASL meeting (and others listed above) and staffing issues (esp as it is close to changeover time) - would there be any remit of this moving to February/ March - this may have the benefit of coinciding with core progression form submission dates; completion of which could then be facilitated through the meeting?

Other issues flagged by hepatology trainees/ gastro trainees in hepatology post included:

Trainees needing to partially/ fully self-fund some educational courses/ meetings as study leave budget may be largely used up by the BSPGHAN and BSPGHAN ATM costing - this is especially the case if we are successful in having work accepted at National and International meetings (which is our annual aim)

IBD - Elena Cernat

Elena has now obtained CCT a new Trainee IBD WG representative will need to be appointed.

Elena met with the working group to discuss a number of points, Most notably this included:

Guidelines:

- Vitamin D in IBD
- Vitamin B12 and folate in IBD
- Transition in IBD

No final version of the guidelines is available, hopefully will be finalised in the next months, I will send it as soon as possible.

Research areas in PIBD were discussed:

- Adrenal suppression following steroid treatment
- Surgical survey in Paediatric IBD
- Paediatric and adolescent acute UC
- Immunisations in IBD
- ESPGHAN guidelines - Nutrition in IBD.
-

There was a discussion regarding what a trainee rep can do, what their role is. The main conclusion was that the role is to inform the rest of the trainees regarding meetings, courses, guidelines. It seemed difficult the involvement in research projects. Highlighted a concern that there was a lack of trainees in PGHAN which had a knock on effect.

Not yet had an update meeting with the whole research working group with David Campbell in post.

The results from the trainee's survey as well as the allied health professional's survey were disseminated at BSPGHAN in January. Main points include:

- Trainees do want to be involved with research
- We need to do more to provide sources of information and support
- There are more opportunities than just doing a higher degree – most hospitals have trials and projects ongoing that trainees could get involved with
- Signpost opportunities and funding

The twitter account continues to be active and present at various meetings where possible. Also have been assisting trainees and non-training grade doctors in sourcing funding opportunities as they come up.

Steve (Allen) was going to liaise with BSPGHAN in order to discuss the feasibility of including profiles on the research portal of the website i.e ACF, ACL, PhD etc. Is this something to consider for the future?

Nutrition - Dr Harween Dogra

Harween is keen to encourage trainees to attend the Glasgow nutrition meeting in Sept and will be circulating more information shortly

Motility – Dr Kornilia Nikaki

The ARM consensus is in process and the document will be ready hopefully soon.

The group is preparing a questionnaire for surgical management of GORD but it will take time to get results and initial analysis.

The group is also working on the management of a child with faecal soiling and transit markers studies.

We will also aim to have a paper on the pathophysiology and management of paediatric rumination but I think it will still take some time.

BSG – Awaiting appointment

Nothing to report except Amar will be stepping down as BSG rep and is keen to promote the position to other PGHAN trainees. Thank you Amar for your dedication and hard work

BAPEN Education Representative – Vacant

Paediatricians with an interest Dr Himadri Chakraborty

I took over as the PeGHAN Chair in April 2018 from Dr Piggot . The group is immensely indebted to her for her contributions as the Chair and the direction she had been able to give this forum . A special thanks to Sue Protheroe , Nick Croft and Carla Lloyd for their ongoing support .

SPIN

6 new applicants for SPIN training in the last 6 months. I have signed off 7 SPIN Doctors since April as having completed their SPIN modules and they have been provided with their certificates .

26 currently listed as in SPIN training as of August 2018. RCPCH SPIN Committee unable to provide an updated list for December. Mostly trainees, but 2 are post CCT . 3 trainees started SPIN more than 3 years ago.

RCPCH is updating the general and GRID curriculums, but SPIN will follow and I am keen to be involved in upgrading the PeGHAN module when College is ready.

I will be inviting all SPIN trainees to the PeGHAN group meeting, to try and improve networking for them (and existing consultant members).

I am collecting a database of SPIN doctors in the country to try and capture the distribution of shared care networks in the country and should be able to share that by March 2019.

I have proposed a PeGHAN WG which has been approved by Council and we will be looking to meet at least twice a year , once in Annual Conference and again mid year through conference call facility .
PeGHAN WA group:

This has been a success as a method of communication amongst group members and has been widely instrumental in reaching out to many Consultants in the country who are practising as SPIN doctors in different networks . We currently have 59 SPIN doctors in the group , with a few of them still undergoing SPIN training. We share clinical questions , practices , evidences and latest updates in different groups respecting patient confidentiality.

A big thankyou to all those who contribute to the PEGHAN group, A big thanks to all the PEGHAN representatives on the different working groups who are listed below. They all make important contributions and feedback regularly to the wider group.

- Dr Yvonne Slater(Stoke) : Motility WG
- Dr Giri Ghantsala : Nutrition WG
- Dr Vijay Iyer (Stoke): IBD WG
- Dr Nandhini Kumaraguru (Watford) : Endoscopy WG
- Dr Himadri Chakraborty (Basildon) : CSAC Advisor for SPIN

We are looking to have representatives in other Working groups as well , such as Coeliac, Quality and Standards, Research, Trainees and Education group . We will be finalising candidates during our annual meeting at Oxford .

Associate Members

Mrs Nicky Heather

Associate committee

Our Committee remains as:

Nicky Heather	Chair
Jo Brind	Secretary
Chris Smith	Education – ATM 2018 co-ordinator
Emma Jones	Committee Member
Lindsay Hogg	IT/Social Media

We require an update on Associate Working Group representatives as there has been some changes eg Nutrition, Research. The Nutrition post is currently vacant and been advertised through the membership. We require these post holders to provide an annual summary report to be presented at the Associates AGM on 23rd January 2019 in Oxford

Social Media

With the ongoing difficulties in getting funding to attend meetings and study days we have been exploring the use of social media as an effective way to maintain communication for our members. The Facebook page is up and running and being used to advertise meetings, interesting articles, member queries. We still need to remind our members it is available and to use it.

The Associates Committee has recently discussed making more use of the main BSPGHAN Twitter page to link interesting articles, promote meetings and peer support. From the Associates Committee Lindsay Hogg has been voted as our Social Media/ IT rep. (This role has replaced the role of

Treasurer which the Committee felt was no longer required as no financial issues are managed by the Associates Committee)

Education (ATM meeting and Taster days)

The Associates are involved with the following:

BSPGHAN Associate and Trainee Members' Meeting (ATM).

The date of this has now moved to 2nd-3rd May 2019 which will be hosted by Dr Sandhia Naik, the joint programme will be devised by Dr Ros Rabone, Chair of Trainee Members and Mr Chris Smith of the Associate Members. Chris will be supported by the Associates Committee to ensure that programme meets the needs of Associates as well as Trainees with a focus on MDT working. We would like to include the reports and updates from our colleagues within the Working Groups.

Opportunities for Associate Members:

- A vacancy has arisen for a Dietitian to join the Nutrition Working Group
- The CLDF has advertised research funding to encourage, amongst others, Associate members working in the field of liver disease

Nicky
Lead Dietitian for Paediatric Gastroenterology
Southampton Childrens Hospital

Patient and Professional Partnership (PPP)

PPP report 2018

Children's Liver Disease Foundation

Research; The charity had a great response to it's grant rounds during the year. Four awards were made in the Summer grant round. The BSPGHAN/ CLDF grant round had a high number of good quality applications submitted. Awards should be announced during late January 2019 to coincide with BSPGHAN conference.

A further call is currently open for a £20,000 round for a project looking at Donor Specific Antibodies in paediatric liver transplant, <https://childliverdisease.org/research/donor-specific-antibody-grant-round-2018-2019-open/> deadline date Monday 4th March.

Support services continue to go from strength to strength with 2 family residential weekends delivered in 2018 and our biennial Conference and Family weekend in Stratford in October. A further range of one day family events took part in other areas of the country. In addition to two annual young people's residential week long projects the second young persons' weekend and conference for 16-24 year olds' took place over 3 days in partnership with Derby University. The projects were all received very well

During the year the charity updated it's website and is looking to commission updates for some specialist animations.

In September the charity was delighted to be awarded the BMA children's resource of the year award for its first book specifically for children. Joes Transplant tells the story of a journey from pre-assessment to recovery and had input from all three specialist centres. It is already proving to be a useful tool in preparing children and families for the transplant process.

During 2018 CLDF has continued to contribute to the Lancet commission and has liaised with a variety of statutory consultations include NICE guidelines, obesity, transplant, prescription charging related policy etc. In addition the charity has been undertaking a lot of work with the European

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Reference Network for Rare Liver Disease and other charities and patient groups supporting children with liver disease across Europe.

In 2019 CLDF will look to extend its work by working with the specialist units. A Scotland CLDF Support worker commenced her role on November 2018 and the charity hopes to introduce similar posts at Birmingham Children's Hospital. Leeds and Kings during the course of 2019.

CICRA

Research: Two CICRA Fellows came to the end of their three year research fellowships, and the charity was delighted that both will continue helping children with IBD as consultant paediatric gastroenterologists. This year has also seen continued research into specific aspects of IBD with projects at Aberdeen University, UEA, Cambridge and UCLH. We were also proud in 2018 to fund health professionals to attend BSPGHAN and ESPGHAN conferences.

Information and support: A record five IBD family information days were held, in Bristol, Sheffield, Leicester, Maidstone and Oxford. Special sessions were held on transition and very early onset IBD and young people were asked to help in developing new information and support to meet their needs. This year has seen record numbers of new members, and free membership continues to ensure that there are fewer obstacles to a family getting expert information and friendly support as soon as they need it and whenever they need it. A new, easier to use website with lots of information including a whole section for young children to help them understand IBD was launched. The new website has seen a consistent increase in visitors and they stay longer than before because there is more to read and discover. With help from parents who are teachers, new information was produced for schools to help staff better support children and young people with IBD. Thanks to funding from AbbVie and in conjunction with young people, a symptom tracker was developed and an appointment planner to help with transition to adult services.

Working with health professionals: In 2018, the charity worked as part of the IBD UK alliance, to develop updated IBD Standards, CICRA works closely with health professionals on developing new information and many spoke at information days throughout the year. Feedback from health professionals was very positive on the new quick membership card and improved information resources.

Giving children a voice: many young people with IBD featured during Global's Make Some Noise campaign, which saw coverage of the impact of IBD on childhood across major national and local radio stations like Heart, Classic FM and Smooth. The year culminated with a video filmed and produced by Global to highlight how CICRA helps. The charity featured in the Voice Junior for Crohn's and Colitis Awareness Week, which also saw the video on the impact of IBD on childhood get thousands of views across social media.

Next year, plans include:

- information on Very Early Onset IBD for parents whose child has been diagnosed very young.
- information for young people aged 11 to 14, to help them understand their condition and feel more in control.
- a new role of Family Support Worker to directly help families with practical advice and emotional support.
- some new ways of helping young people develop more confidence to talk about and deal with their IBD.
- information on the range of psychological issues that IBD can bring and how to strengthen coping mechanisms.
- family days in Plymouth and Newcastle and a special family day in Glasgow to coincide with the European conference for paediatric IBD specialists.

Coeliac UK

At the beginning of 2018 Coeliac UK launched its biggest fundraising challenge to date to build a £5m research fund: <https://www.coeliac.org.uk/get-involved/coeliac-uks-research-fund/>

The charity got off to a good start securing £500k from Innovate UK which was matched by £250k from the Coeliac UK and a further contribution from the industry applications which will bring around £1m new research money to help people with coeliac disease and living gluten free. The research call

associated with the money happened over the summer and Coeliac UK will be announcing the successful projects at the beginning of 2019.

The charity will be considering new funding opportunities for 2019 and hope to work with BSPGHAN to deliver research in paediatric care.

Finally the charity will be recruiting for a new CEO as Sarah Sleet moves to head up Crohn's and Colitis UK in March hopefully to continue a fruitful relationship."

CORE – Guts UK

Core formally transformed into Guts UK charity in June 2018 with a new name and rebrand of the mission. Whilst always having medical research at the heart of the work, the new visible and accessible name allows the charity to also drive forward on the two other charitable objectives of raising awareness of digestive health and providing expert information. The team has been out and about at festivals and carnivals with Colin the Inflatable Colon and Guts UK information stands and everyone is delighted to say that they've been mobbed.

All Guts UK patient information was updated in Summer 2018 , co-branded and supported by the BSG , with some 35 conditions available via the website www.gutscharity.org.uk and a range of 15 printed leaflets available for hospitals and clinics with a request for some 180,000 leaflets over the year. The charity aims to further develop information linking up with support organisations and increasing the use of video. Guts UK ran the first ever Kranky Panky Pancreatitis Awareness Campaign <https://gutscharity.org.uk/advice-and-information/your-stories/> throughout the month of November, sharing a story a day for 30 days to ensure non-cancerous pancreatic disease gets attention. It has built a powerful and active community of support via social media and it is intended that this is built on as an annual campaign. The charity funds the only fellowship into pancreatitis in the UK, £180,000 every 3 years as The Amelie Waring Fellowship which was awarded in December 2018.

The charity has seen real growth in Guts UK Research Grants programme in 2018 when grants available totalled over £900,000, (compared to £317k last year, £119k) collaborating with new funding partners. A new stream of grants will be brought forward into the charity's 2019 grants programme in the area of nutrition, a strategic priority for the charity.

Crohn's and Colitis UK update:

Crohn's and Colitis UK has had a banner year, with great successes working hand-in-hand with healthcare professionals in areas such as our nurse-led Patient Education Programme and developing better 'living with' IBD resources for patients. Among many highlights, the 'Not Every Disability is Visible' signage campaign has been adopted by travel hubs and major retailers across the UK, and the charities support-line services have expanded with LiveChat in addition to various types of services offered by phone. Crohn's and Colitis UK urges BSPGHAN members to point patients to the charities materials, with items available in print, digital and video, and to get in touch if they would like to help in any area. With 40,000 members and the charity is now awarding about 1 million pounds a year in research grants.

CSAC

Sue Protheroe

Chair Gastroenterology, Hepatology and Nutrition CSAC

Group Committee Members

Dr Sue Protheroe	CSAC Chair
Dr Nkem Onyeador	Assessment Advisor
Dr Mona Abdel-Hady	Hepatology Training Advisor
Dr Himadri Chakraborty	Paediatrician with a Special Interest
Dr Lucy Howarth	Gastroenterology Training and Endoscopy Advisor

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Dr Rulla Al-Araji	Trainee Representative
Dr Akshay Batra	Nutrition Training Advisor
Dr Jonathan Hind	Quality Advisor
Professor Nick Croft	BSPGHAN President

I would like to thank the CSAC committee and grid coordinators for their on-going responsibilities and support. I am pleased to welcome our new trainee representative, Rulla and our new PGHAN/ SPIN representative, Himadri.

SUPPORTING TRAINEES

Trainees switched to the new PROGRESS curriculum in August 2018 www.rcpch.ac.uk/progress CSAC updated their 'paediatric guidance checklist' in October to reflect the new curriculum and RCPCH assessment process. This guidance is used to ensure Grid centres are offering comprehensive training when submitting their Grid posts and as a quality control for new centres.

Trainees have reported that they may reach the end of their training requiring more nutrition and endoscopy training. Recommended access to endoscopy training lists will be included in the "paediatric guidance checklist" when updating. CSAC are hoping to support online training resources to ensure that the nutrition curriculum is covered. Thanks to Akshay for leading on this.

A 3 centre grid training programme in the North of Scotland (including Aberdeen) has been reapproved this year. This programme includes a highly developed network and strong plan for teaching. In addition, a new grid training centre at Leicester Children's Hospital, has been approved in the Midlands network, following expansion of the centre.

Annual Reviews of Competence Progression (ARCP)

Trainees and their supervisors populated the pilot form prior to the face to face meeting for ST7/8 trainees in 2018. 2019 will be the first year that all trainees have a face-to-face meeting with CSAC to inform the CSAC progression form and ARCP. Trainees have engaged well with this process and rated the externality of support useful. Thanks to Nkem for leading on this with the College and showing other specialities how to do it.

Meetings for trainees

The annual associate members and trainees' meeting (ATM) will be May 2019 to avoid the September induction period and allow trainees to receive face-to-face feedback from a CSAC committee member to inform the CSAC progression form and their ARCP in early summer.

Thank you to BSPGHAN Council for continued support for the annual trainees meetings to allow networking, education and engagement with CSAC for the trainee's assessment. It is good news that the first joint BSG AYP section and BSPGHAN study day covering Gastrointestinal disorders in adolescence and effective transition care is planned for October 2019 and hope that this will be an annual event. Thank you to Priya Narula for bringing this together.

Quality Assurance of grid centres by CSAC.

Following the 2015/6 trainees and centre survey, our trainee representative, Rulla has repeated the survey 2018/19 and we hope to present the results at the Annual meeting. Thank you Rulla.

Grid Recruitment for 2019

National training Grid interviews were in November 2018 and appointments will be confirmed in December.

Summary of trainee progression (GRID)

There are 18 trainees in GRID training in 2018. 8 trainees have gained their CCT in the last year, 1 of whom trained in hepatology. Thank you to Lucy and Mona for overseeing the quality of the assessment process for awarding CCT's.

Summary of training progression (SPIN).

CSAC is monitoring the progress of 29 trainees through the SPIN process for trainees and non-trainees. We hope to develop a database of trainees to understand their career progression in the longer-term. There will also be an enhanced SPIN session at the BSPGHAN annual meeting and we aim for productive of online assessment process and curriculum. Thank you Himadri.

BSPGHAN web page

Quality Advisor, Jonathan, will be updating the CSAC page of the BSPGHAN web site with updated, enhanced information on CSAC and training opportunities and this should be finalised by end of 2018. Any links to the RCPCH website will be updated with the new URLs. Many thanks Jonathan.

Future training - Shape of Training and Credentialing

The GMC's consultation on the Shape of Training and the processes for credentials (the anticipated form that most sub-specialty training will take pre and post CCT) is underway. The RCPCH's proposals for new training programmes are subject to change until regulatory arrangements are confirmed, but a draft will be described in the Spring of 2019. The draft will be presented at the RCPCH Stakeholder event on Tuesday 26th March 2019, which all CSAC Chairs will attend. The model will be piloted by a limited number of sub-specialties and Schools, before the final proposal is submitted to the GMC in 2020, with planned implementation from August/September 2021.

CSAC has responded to the RCPCH about requirements for future training in PGHAN and in helping the RCPCH to demonstrate the need for clinicians to continue to be trained in our sub-specialty. One of the key GMC requirements for future training is increased flexibility. In the context of sub-specialty training, this means the ability to recommence training at some point after CCT, so a consultant can acquire new skills/specialisations (and get recognition) as their career progresses in a formally regulated and recognised way under the GMC's new system.

As part of the review of sub-specialty training, RCPCH has asked us to consider models to extend sub-specialty training in PGHAN to existing consultants (in addition to trainees). Consultants would not need to become trainees again but could undertake the specific components of the sub-specialty programme, without having to undertake the generic curriculum, and potentially get prior credit for previous relevant sub-specialty experience (e.g. special interest module). It may be possible for a consultant to train by being released from their current job plans on a sessional basis. We have fed back on how "specialised" we anticipate our sub-specialty needs to be (based on our patient's clinical need) and emphasised the importance of specialised practical skills and also research in our speciality. We have emphasized the need for improved workforce planning to ensure regional vacant posts can be filled by local or nationally trained consultants. We have emphasized the importance of SPIN training and ensuring to allow expansion of networks and building up a strong workforce in local centres with close relationships with the lead centre(s).

If you have specific questions, please do get in touch with CSAC, as The RCPCH Shape of Training implementation group will be attending our next CSAC meeting and we can bring these questions to the meeting. The GMC's full consultation on credentialing is to be released, within the next few weeks. In the meantime, please feel free to look at the RCPCH website at <https://www.rcpch.ac.uk/education/training/progressing-paediatric-training>

I plan to step down from CSAC in early 2019 as the Chair post is being advertised in the December nomination round to ensure an appropriate handover period. I would like to thank the CSAC committee, supervisors, trainees and grid coordinators for their support during the last 4 years and for taking on their on-going responsibilities with such enthusiasm and expertise. It has been a pleasure to

serve the CSAC and I am pleased to leave with such a strong, hardworking and innovative committee in place.

Thank you to everyone on the Committee for your dedication and hard work.

Sue Protheroe Chair Gastroenterology Hepatology and Nutrition CSAC December 2018

BAPS

Mr Michael Stanton

Michael Stanton, Paediatric Surgeon, Southampton Children's Hospital - BAPS representative. It has been a very great pleasure to represent BAPS on the BSPGHAN council and on the IBD Working Group in the last year.

1. Survey of acute upper GI bleeding
We are very pleased that this joint BSPGHAN/BAPS study will now go ahead in 2019, supervised by Prof Nick Croft. This prospective study will run for 6 months and reminders will go to a lead paediatric gastroenterologist and paediatric surgeon at each centre. We appreciate your participation and help with this very important piece of work.
2. Survey of current PIBD practice
Many thanks to those of you who contributed to this survey. It produced some interesting (and positive!) snapshots of current practice. We hope to be able to share these with you at the annual congress.
3. Joint BSPGHAN/BAPS Study Day Friday 25th January 2019
BAPS are very pleased to be able to join BSPGHAN for another joint study day on Friday 25th January. The Local Organising Committee at Oxford have put together a fantastic programme. It looks to be a great educational and social occasion.

I look forward to more collaborative work in 2019, and to seeing you at the annual meeting at the Belfry!

Quality Standards Working Group

Dr John Fell	Project Chair, BSPGHAN
Dr Indra van Mourik	Consultant Paediatric Hepatologist
Dr Anne Wilmott	Consultant Paediatric Gastroenterologist
Dr Keith Lindley	Consultant Paediatric Gastroenterologist
Dr Fevronia Kiparissi	Consultant Paediatric Gastroenterologist
Dr Mark Furman	Consultant Paediatric Gastroenterologist
Dr Mike Cosgrove	Consultant Paediatric Gastroenterologist
Dr Nick Croft	President, BSPGHAN
Dr Rajeev Gupta	Consultant Paediatrician
Dr Shveta Chana	Consultant Paediatrician
Dr Sue Protheroe	Consultant Paediatric Gastroenterologist
Dr Ed Gaynor	Consultant Paediatric Gastroenterologist
Kay Crook	Gastroenterology Nurse Specialist
Dr Keith Lindley	Consultant Paediatric Gastroenterologist
Ms Alison Taylor	PPP CLDF
Dr Jutta Koeglmeier	Consultant Paediatric Gastroenterologist
Dr Chris Spray	Consultant Paediatric Gastroenterologist

The Quality Standards Working Group has reconvened J Fell chairman, Ed Gaynor secretary.

The joint RCPCH BSPGHAN quality standards were successfully launched in 2017. They will need review / revision after 3 years. Thus we are now at a stage when the review process needs to start.

Defining networks and developing a global rating scale:

The working group has started to develop a questionnaire to be circulated to GI units via BSPGHAN in the first instance. This is to be a tool for:

- Defining the state of current networks
- Evaluate centres in relation to the domains in the quality standards document

The working group is currently starting negotiations with RCPCH on behalf of BSPGHAN to assess the degree of collaboration that can be achieved at this stage. The aim would be to undertake the questionnaire design in association with RCPCH. Subsequently the RCPCH would assist in ensuring a smooth process of data collection and subsequent management.

This process will then be used to inform the next version of the standards document

John Fell 12/12/2018