

# NEW UK STANDARDS FOR PEOPLE WITH INFLAMMATORY BOWEL DISEASE (IBD)



## What are the IBD Standards?

The **IBD Standards** are a framework of statements that say what high quality care should look like at every point of a patient's journey – from first symptoms, to diagnosis, treatment and ongoing care - and how an IBD service should be organised and managed to deliver this.

The aim of the IBD Standards is to ensure that everyone living with IBD has safe, consistent, high quality and personalised care, whatever their age and wherever they live in the UK.

## Why are they needed?

We know through the IBD Audit in 2014 and patient surveys that there is considerable variation in levels of care, with most IBD services doing some things well but able to improve in others. The new 2019 IBD Standards build on earlier versions published in 2009 and 2013, with a greater focus on personalised and integrated care.

## How were they developed?

The IBD Standards were developed by IBD UK – a partnership of 17 patient and professional organisations working together - with input from hundreds of patients and healthcare professionals.

## How well is your IBD service doing?

A new digital IBD Benchmarking Tool has been developed to help IBD services assess how they are doing against the IBD Standards and plan, improve and monitor their performance. A new IBD Patient Survey allows patients to feedback their experiences of care. Together, the results can support the development of services and make a case for additional resources where needed.

## Working in partnership

Through this process, healthcare professionals and patients will be able to work together to improve standards of care for everyone with IBD across the UK.

### How you can help

- Register your service for the IBD Benchmarking Tool from 20th June
- Promote the IBD Patient Survey in your service from 8th July
- Incorporate the IBD Standards in your overall service design and planning
- Raise awareness of the IBD Standards at meetings, events and talks

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We have used the IBD Standards to establish a true multidisciplinary team with consultants, nurses and pharmacists involved in running the service. The IBD

Standards along with the IBD Benchmarking Tool will serve as strong drivers towards improving services, such as the delivery of specialist psychological services. They should be supported by all IBD services.”

**Dr Ian Arnott**, Chair, IBD Committee, British Society of Gastroenterology

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Through the new IBD Standards, patients will know what standard of care they should be able to receive. If people know what support they should be getting, they

can drive their own care forward.”

**Melissa Fletcher**, Patient Member, IBD UK

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The new 2019 IBD Standards provide more focus on surgery, primary care, paediatrics and patient empowerment. Patients and carers are the only people who experience the

IBD pathway from beginning to end and their perspective on where improvements can be made provide a powerful insight.

Together, we can drive up the quality of IBD services to improve the experience and outcomes for patients.”

**Rukshana Kapasi**, Chair, IBD UK and Director of Health Service Development, Crohn's & Colitis UK



For more information, to register for the IBD Benchmarking Tool or obtain flyers to promote the IBD Patient Survey, visit **ibduk.org** or email **info@ibduk.org**