



British Society of Paediatric Gastroenterology Hepatology and Nutrition

**BSPGHAN Associates and Trainees Meeting
Thursday 2nd May – Friday 3rd May 2019
The Royal London Hospital
Clark-Kennedy Lecture Theatre
Innovation Centre, QMUL
5 Walden Street, London**

Hosted by:

**Dr Sandhia Naik
Consultant Paediatric Gastroenterologist
Training Programme Director
Royal London Hospital
Barts Health NHS Trust, London**

Educational grants

***BSPGHAN Thanks the following companies for their continued support
of the BSPGHAN Associates and Trainee Members' Meeting***

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Associate Members

Welcome Address

The ATM day is an important opportunity to network with our colleagues and share ideas and practice. For this year's meeting we have moved to MDT case presentations that allow everyone to gain understanding and knowledge from various perspectives (medical, psychological, dietetic and nursing) to aid clinical management. We hope this approach will be of great practical use to delegates and provide context and clarity on the roles and aims of our various discipline colleagues.

We recognize how busy all our jobs have become and the process of staying up to date with the latest literature can be difficult. To help you with this, this year we proposed the "Top 3 papers published last year" section where each speciality is represented. The focus here is to not just update you on your specialties most recent advances but to also make us aware of the latest movement in the broader gastro, hepatology and nutrition fields.

We are extremely grateful to all of our colleagues who are taking part in the day and we appreciate their input and enthusiasm. Likewise, our thanks, to all the help from Carla, Sam and the local organizing team. Without all their help this event would never happen.

This day is for all of us so please get involved in the discussion, share your thoughts and practice. We hope you leave the meeting:

1. With a greater understanding of different specialist roles and management strategies in different clinical situations
2. Updated on the most recent literature in your field and in the wider topics
3. New or strengthened contacts and connections with your colleagues in our BSPGHAN community

We look forward to meeting you and hope you enjoy the day!

Chris Smith and Nicky Heather

Trainee Members

Welcome Address

Welcome to the BSPGHAN Associate & Trainee Members' Meeting 2019.

This year we have reinvented the wheel and devised a program that benefits, interests and educates all members of the multidisciplinary team. Our aim this year is to truly illustrate the importance of working together as health care professionals.

We keenly provide a program that focuses on difficult cases and evidence-based medicine, with a hope that everyone will find it interactive and beneficial in their professional development.

I am thoroughly grateful to Chris Smith, Samantha Goult, Carla Lloyd, and the clinical team at the Royal London, particularly Dr Sandhia Naik for her support and guidance.

Sponsors continue to support this meeting and keep costs low. Please do them the courtesy of attending their stands. The ongoing funding and support from BSPGHAN has been invaluable, and I am personally grateful for their continued backing of this meeting.

Critique and comments are well received, and suggestions for future meetings are particularly well received so please complete your feedback forms. I hope you all have an excellent day and enjoy the program.

Ros Rabone
Chair of the Trainee Members' Group

Thursday 2nd May 2019

**Trainees and Taster Day
Royal London Hospital**

**Introduction and Welcome
12.00-12.15**

**Ros Rabone
GRID Trainee
Chair BSPGHAN Trainee Members' Group
Sheffield Children's Hospital
Western Bank
Sheffield**

&

**Dr Sandhia Naik
Consultant Paediatric Gastroenterologist
Training Programme Director
Royal London Hospital
Barts Health NHS Trust
E1 1BB**

**Session One
12.15 – 13.15**

Chair:

**Dr Vinod Kolimarala
Specialist Registrar**

- ***Impedance Vs pH***
12.15-12.45

Dr Kornilia Nikaki
GRID Trainee in Paediatric Gastroenterology & Clinical Research Fellow in Paediatric Neuro-
gastroenterology
Barts & The London School of Medicine and Dentistry
26 Ashfield Street
Whitechapel London E1 2AJ

- ***News in the world of Hepatitis C***
12.45-13.15

Professor Graham Foster
Professor of Hepatology & Clinical Lead
Barts & The London NHS Trust
26 Ashfield Street
Whitechapel London E1 2AJ

LUNCH & OPPORTUNITY TO VISIT EXHIBITOR STANDS

13.15- 1400

Session Two
14.00 – 16.00

Chair: Dr Kwang Yang Lee
GRID Trainee
Birmingham Women's and Children's Hospital

- ***Hepatology update***
14.00-14.30

Dr Jonathan Hind
Consultant Paediatric Hepatologist
King's College Hospital
Denmark Hill
London

- ***VCE Simulator***
14.30-15.00

Dr Debra Marcos
Consultant Gastroenterologist
Barts & The London School of Medicine and Dentistry
26 Ashfield Street
Whitechapel London E1 2AJ

- ***News in the world of Hepatitis B***
15.00-15.30

Dr Patrick Kennedy
Reader in Hepatology & Honorary Consultant Hepatologist
Barts & The London NHS Trust
26 Ashfield Street
Whitechapel London E1 2AJ

- ***Infectious Diarrhoea – local and global epidemiology and management***
15.30-16.00

Dr Kelsey Jones
MRC Clinician Scientist
University of Oxford

Coffee Break

16.00- 16.15

Session Three

16.15 – 17.00

Parallel Sessions

- ***Parallel 1: Taster Day/Getting into Gastro***
 - ***Choosing Gastro as a Career – A Consultant’s Perspective***
Dr Sandhia Naik, Consultant Paediatric Gastroenterologist
Training Programme Director, Royal London Hospital
Barts Health NHS Trust, London E1 1BB
 - ***Choosing Gastro as a Career – A Trainee’s Perspective***
Dr Rulla Al-Araji, GRID Trainee
Dept of Gastroenterology
Birmingham Women’s and Children’s Hospital, NHS FT
Steelhouse Lane, Birmingham
 - ***Choosing SPIN as a Career***
Dr Himadri Chakraborty, Consultant Paediatrician with an Interest in
Gastroenterology
Consultant Paediatrician
Basildon and Thurrock University Hospital
Nethermayne, Basildon
Essex, SS16 5NL

- **Parallel 2 : CSAC Sessions**

*Dr Nkem Onyeador
Consultant Paediatric Gastroenterologist
St Georges Healthcare NHS Trust
Blackshaw Road
London, SW17 0QT*

*Dr Lucy Howarth
Consultant Paediatric Gastroenterology
John Radcliffe Hospital
Oxford*

*Dr Mona Abdel-Hady
Consultant Paediatric Hepatologist
Birmingham Women's and Children's Hospital
Steelhouse Lane
Birmingham B4 6NH*

*Dr Jonathan Hind
Consultant Paediatric Hepatologist
King's College Hospital
Denmark Hill
London*

<p>Session Four 17.00-18.00</p>

- **Parallel 1: START Assessment – Preparing for START**

*Dr Sandhia Naik, Consultant Paediatric Gastroenterologist
Training Programme Director, Royal London Hospital
Barts Health NHS Trust, London E1 1BB*

- **Parallel 2: CSAC Sessions**

<p>THURSDAY EVENING</p>

<p>DINNER AND SOCIAL</p>

<p>La Figa Restaurant, Limehouse</p>

Friday 3rd May 2019

Joint Allied Health Professionals and Trainee Study Day

Session One

09.30- 12.30

Multi-Disciplinary Team Complex Case Presentations and Discussion

Short Gut syndrome and challenges faced

09.30-10.30

Facilitators

*Dr Ros Rabone
GRID Trainee
Sheffield Children's Hospital
Western Bank, Sheffield*

*Ms Minal Patel
Paediatric Dietitian
The Royal London Hospital
London E1 1BB*

Mr Chris Smith

*Paediatric Dietitian
Royal Alexandra Children's Hospital
Eastern Road
Brighton*

Complicated Biliary Atresia

10.30-11.30

Facilitators

*Ms Lindsay Hogg
Clinical Nurse Specialist (Liver)
Birmingham Women's and
Children's Hospital
Steelhouse Lane
Birmingham B4 6NH*

*Kate Blakeley
Clinical Psychologist
The Royal London Hospital
London
E1 1BB*

Dr Kavitha Jayaprakash

*Grid Trainee
Leeds General Infirmary,
Paediatric Hepatology Dept
Clarendon Wing, Great George Street, Leeds*

Associate and Trainee Members' Meeting 2nd – 3rd May 2019

Coffee and opportunity to visit exhibitor stands

11.10 – 11.30

Complex Crohn's Management

11.30-12.30

Facilitators

*Dr Jeng Cheng
Grid Trainee
Leeds Children's Hospital
Clarendon Wing
Leeds, LS1 3EX*

*Ms Natasha Burgess
IBD Nurse Specialist
The Royal London Hospital
London
E1 1BB*

Ms Kay Crook

*Paediatric IBD Nurse Specialist
North West London Hospitals NHS Trust
St. Mark's Hospital
Watford Road
Harrow
Middlesex HA1 3UJ*

Lunch and opportunity to visit exhibitor stands

12.30 – 13.15

**Session Two – Keeping Current
13.15 - 15.15**

Chairs:

*Dr Kirn Sandhu
GRID Trainee
The Royal London Hospital
Whitechapel
London*

*Ms Angela Cole
Clinical Nurse Specialist
The Royal London Hospital
Whitechapel
London*

The 3 most important papers of 2018

• **13.15 – 13.45 Nutrition**

Dr Harween Dogra
*GRID Trainee
Addenbrooke's Hospital
Hills Road
Cambridge*

• **13.45 – 14.15 Liver**

Dr Nicola Ruth
*GRID Trainee
Liver Unit
Birmingham Women's and Children's Hospital
Steelhouse Lane
Birmingham, B4 6NH*

• **14.15 – 14.45 IBD**

Dr James Ashton
*Action Medical Research
Paediatric Inflammatory Bowel Disease
Southampton Children's Hospital
University of Southampton*

• **14.45 – 15.15 The Role of the Advanced Nurse Practitioner in Gastroenterology**

*Julie Summersby
Advanced Nurse Practitioner
Birmingham Women's and Children's Hospital
Steelhouse Lane
Birmingham B4 6NH*

15.15 – 15.30

**TAKE HOME MESSAGE
CLOSE MEETING**